

## Substance use disorders we treat at BrightView:

We treat people with any chemical addiction including:

- Heroin
- Pain pills/other opioids
- Marijuana/THC
- Methamphetamines/amphetamines
- Alcohol
- Benzodiazepines
- Cocaine
- Ecstasy

## What Medication Assisted Treatment does BrightView utilize?

Each new patient will see a prescribing provider on their first day to help manage withdrawal symptoms.

- Suboxone
- Buprenorphine long acting injection (Sublocade)
- Vivitrol

## What insurance does BrightView accept?

If someone wants help for a chemical addiction, they can find it quickly at BrightView. We take more insurance plans than any other provider in the state, including Medicaid, Medicare, and commercial insurances.

## How Fast Can You Treat New Patients?

We answer the phone 24/7, offer online scheduling, and welcome walk-ins weekdays until 3:00pm. We can accommodate same-day and next-day appointments for most patients. Patients will receive the medication they need, complete their first counseling session, and meet with a case manager their first day at BrightView.

## ABOUT BRIGHTVIEW

Addiction is a complex medical condition. The good news is that there are proven and tested ways to effectively treat it. Our care model is based on clinical best practices and outcomes data. While medication assisted treatment (MAT) provides stability to the brain, we facilitate healing through group therapy, individual counseling, and social services. To ensure quality of care, over 90% of our clinical staff, including counselors, social workers, and licensed chemical dependency professionals, have master's degrees.

“BrightView is amazing! They make sure you are as comfortable as possible! Every single person working at BrightView is kind, energetic, and compassionate! Thank you so much for making a HUGE difference in my life!”

“I have had two heart surgeries because of heroin addiction and if it wasn't for BrightView I wouldn't be here today—almost a year clean. My kids would be growing up without a father if it wasn't for BrightView. The doctors and staff are very concerned about your individual needs.”

**WE TREAT YOU  
LIKE A PERSON,  
WE TREAT ADDICTION  
LIKE A DISEASE.**



Phone: 1.833.510.HELP Fax: 1.833.510.4329 [brightviewhealth.com](http://brightviewhealth.com)



BrightView

**A BETTER APPROACH TO  
ADDICTION TREATMENT**



**REGAIN CONTROL OF YOUR LIFE  
with comprehensive outpatient  
addiction treatment.**

**WE'RE HERE WHEN  
YOU'RE READY**

*Recovery is a long-term commitment but getting started can happen almost immediately. We answer the phone 24/7, accept walk-ins until 3pm on weekdays, and every patient is seen by a medical provider who can administer medication to help manage withdrawal symptoms. Patients can start BrightView's effective, comprehensive treatment program the same day or next business day.*

# THREE-PART TREATMENT PROGRAM

The combination of medication, individual counseling, group therapy, and social support provides the best results. Understanding and managing this chronic disease helps us minimize relapses and their impact. This approach to addiction treatment saves lives.



## MEDICATION-ASSISTED TREATMENT (MAT)

On day one you will meet with a provider who will prescribe safe withdrawal medication. Together, we will create a plan to help manage your physical cravings so you can focus on healing.

BrightView's providers will meet with you frequently to discuss your progress in treatment, answer questions related to your health, review your medications, and make changes as needed.

Members of your treatment team will meet with you on an as-needed basis to address any additional medical needs.

For patients suffering from withdrawal, it takes less than 4 hours on average from the time they walk in the door to receive the medication they need, complete their very first counseling session, and begin lasting recovery with BrightView.



## COUNSELING AND THERAPY

Your counselor will help you make progress toward your goals and identify plans for healing and recovery. Our fully credentialed counselors are specially trained to help patients process challenging emotional experiences related to addiction including trauma, grief, anxiety, anger, guilt, shame, and others. We try to ensure that your treatment timeline and intensity match your unique history and needs.

Group therapy is an important part of the healing process because addiction impacts relationships and how we interact with each other. We encourage participation in group therapy to help you accomplish your goals and start feeling better faster.

Our group counseling gives you time to share your thoughts and feelings about recovery in a supportive environment with others on a similar journey. Group participants heal relationally by asking questions and receiving encouraging feedback from others with similar experiences.



## CASE MANAGEMENT AND PEER SUPPORT

BrightView's case managers can help minimize barriers so you can focus on recovery. Common support provided includes assistance with organizing transportation, housing, food stamps, employment, child support, Medicaid, even legal and/or court issues. Your Case Manager will assess your situation and advocate for you, coordinate your overall care, help with insurance issues, connect you to additional services as needed, and help you manage any crises that come up along the way.

BrightView also has Peer Recovery Supporters at each center. They understand what it takes to overcome barriers and enter long-term recovery. Peer Supporters know how hard it is because they've been there themselves. Their stories are probably very similar to yours, which is why they are so passionate about what they do. They'll help guide you through recovery; supporting you and acting as a resource when they can. If they can do it, they believe that you can, too!

70%

BrightView patients decrease illicit substance use by nearly 70% and alcohol consumption by over 50% on average within the first 90 days, with many achieving abstinence.

90%

Over the first year in our program, arrests decrease by over 90% and time spent in jail drops by almost 95% on average for BrightView patients.

1/3

Patients report a 1/3 decrease in emergency room visits after just 3 months and a 50% decrease after one year.